

# Hope

with Heidi

## KIND WORDS ARE LIKE HONEY

I love that no matter how much money I have in my bank account - I always have the ability to give something away each day! ...and that's kind words! The Bible describes *kind words* as *good medicine*. You do not have to buy this good medicine – it's free! And when handed out, you can see the results straight away!

*Mother Theresa said, 'Kind words can be short and easy to speak, but their echoes are truly endless.'*

The words we speak effect the world around us. What we say, and how we communicate with each other has lasting results. Perhaps you have a friend or loved one who needs some encouragement?

Our kind words give life, hope, and love. ... *and* are a healing influence in a society that desperately needs a little good news that can actually nourish our souls!

*kind words are like honey. sweet to the soul and health for the body.*  
(Proverbs 16:24)

You may not have had someone give you an encouraging kind word recently, so please let me pray over you this powerful prayer from the Bible– straight from the heart of God!

I pray:

*"The Lord bless you and keep you; the Lord make his face shine on you and be gracious, kind and merciful to you; the Lord turn his face toward you and give you peace; tranquillity of heart and life continually" (Numbers 6:24-26)*

*Heidi* ♥